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FM PTC WASHINGTON DC//ALARACT//
TO ALARACT
ZEN/RMY/OU=ORGANIZATIONS/OU=ADDRESS LISTS/CN=AL ALARACT(UC)
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***** THIS IS A COMBINED MESSAGE *****

SUBJ: ALARACT 314/2008-POST-DEPLOYMENT HEALTH REASSESSMENT(PDHRA) SCREENING GUIDANCE FOR COMMANDERS OF ACTIVE COMPONENT(AC) SOLDIERS
UNCLASSIFIED//

THIS MESSAGE HAS BEEN SENT BY THE PENTAGON TELECOMMUNICATIONS CENTER ON BEHALF OF DA WASHINGTON DC//DASG-PPM/DAMO-DASG//.

SUBJ: POST-DEPLOYMENT HEALTH REASSESSMENT (PDHRA) SCREENING GUIDANCE FOR COMMANDERS OF ACTIVE COMPONENT (AC) SOLDIERS

REF/A/ASD(HA) MEMORANDUM, SUBJECT: POST-DEPLOYMENT HEALTH REASSESSMENT (PDHRA), 10MAR05//

REF/B/HQDA MEMORANDUM, SUBJECT: POST-DEPLOYMENT HEALTH REASSESSMENT IMPLEMENTATION PLAN, 23JAN06//

REF/C/HQDA MEMORANDUM, SUBJECT: POST-DEPLOYMENT HEALTH REASSESSMENT (PDHRA), 18JUN07//

REG/D/MEDCOM OPORD 08-50 (PDHRA PROGRAM) - USAMEDCOM, 10JUN08//

1. (U) THIS ALARACT PROVIDES INFORMATION FOR ACTIVE COMPONENT COMMANDERS ON MONITORING PDHRA (DD FORM 2900) COMPLIANCE AND ACTIONS TO ENSURE PERSONNEL ARE SCREENED WITHIN THE 90-180 DAY WINDOW. THIS IS A COMMANDER'S PROGRAM IMPLEMENTED ARMY-WIDE IN JANUARY 2006. THE PDHRA PROVIDES A HEALTH SCREEN FOR PERSONNEL WHO HAVE REDEPLOYED FROM A COMBAT ZONE. COMPLETION OF THE PDHRA INCLUDES A ONE-ON-ONE INTERVIEW WITH A HEALTH CARE PROVIDER (NURSE PRACTITIONER, PHYSICIAN ASSISTANT, OR PHYSICIAN) WHO EDUCATES AND REFERS A SOLDIER FOR FOLLOW-ON CARE AND EVALUATION.

1.A. (U) THE PDHRA COMPLIANCE GOAL IS 100% AND REQUIRES COMMAND EMPHASIS AT ALL LEVELS. HOWEVER, APPROXIMATELY 21,527 AC SOLDIERS HAVE NOT COMPLETED THE PDHRA AS OF 11 DEC 08.

1.B. (U) THE PDHRA WEBSITE ON ARMY KNOWLEDGE ONLINE (AKO) CONTAINS USEFUL INFORMATION FOR SOLDIERS AND COMMANDERS. THE SITE MAY BE ACCESSED AT WWW.US.ARMY.MIL/SUITE/PAGE/200435. COMMANDERS SHOULD CLICK ON "PDHRA FOR COMMANDERS AND LEADERS" (WWW.US.ARMY.MIL/SUITE/PAGE/200441) FOR PDHRA INFORMATION TAILORED TO LEADERS. THESE LINKS HAVE TOOLS TO ASSIST ALL ARMY ORGANIZATIONS IN SCREENING PERSONNEL IN ACCORDANCE WITH THE 23 JAN 06 ARMY POST-DEPLOYMENT HEALTH REASSESSMENT POLICY. THE PDHRA POINTS-OF-CONTACT BY REGION AND FREQUENTLY ASKED QUESTIONS ARE INCLUDED.

1.C. (U) THE COMMANDER'S SITE HAS A LINK TO THE MEDICAL PROTECTION SYSTEM (MEDPROS). MEDPROS IS THE AUTOMATED TRACKING SYSTEM THAT PROVIDES REPORTS ON MEDICAL READINESS INDICATORS AND PDHRA COMPLIANCE OF UNITS AND PERSONNEL. COMMANDERS MAY REQUEST ACCESS AT [HTTPS://APPS.MODS.ARMY.MIL/MEDPROS](https://APPS.MODS.ARMY.MIL/MEDPROS).

2. (U) PDHRA COMPLIANCE IS MONITORED BY COMMANDERS OR THEIR REPRESENTATIVES TO ENSURE COMPLETION WITHIN THE 90-180 DAY WINDOW AFTER REDEPLOYMENT FROM A COMBAT ZONE. COMPLIANCE DATA IS PULLED

FROM MEDPROS AND BRIEFED MONTHLY AT THE STRATEGIC READINESS UPDATE (SRU) FOR SENIOR ARMY LEADERS SITUATIONAL AWARENESS. COMMANDERS ARE REMINDED THAT RESET OF INDIVIDUAL MEDICAL READINESS SHOULD ALSO OCCUR IN THIS WINDOW.

- 2.A. (U) BATTLEMIND II TRAINING MUST BE COMPLETED BEFORE STARTING THE PDHRA IN SMALL GROUPS AT THE UNIT LEVEL. INDIVIDUALS NOT ABLE TO PARTICIPATE IN UNIT TRAINING CAN VIEW THE TRAINING AT [HTTP://WWW.COMBATSTRESSCENTER.COM/INDEX_FILES/PAGE1560.HTM](http://www.combatstresscenter.com/index_files/page1560.htm).
- 2.B. (U) PDHRA SCREENING OCCURS THROUGH SCHEDULED SRP SCREENING EVENTS DURING UNIT REDEPLOYMENT, APPOINTMENTS, OR WALK-INS AT LOCAL MEDICAL TREATMENT FACILITIES (MTF), CLINICS, OR AID STATIONS.
- 2.C. (U) SOLDIERS WITH DUTY AND RESIDENCE LOCATIONS OUTSIDE THE TRICARE PRIME SERVICE AREA (MORE THAN 50 MILES OR MORE THAN ONE HOUR DRIVE FROM AN MTF AND COVERED BY TRICARE PRIME REMOTE (TPR)) ARE ELIGIBLE FOR A TELEPHONIC INTERVIEW WITH A HEALTH CARE PROVIDER THROUGH THE APPROVED DOD CALL CENTER.
- 2.D. (U) COMMANDERS MAY COORDINATE TELEPHONE OR ON-SITE SCREENING EVENTS BY CALLING THE EVENT OPERATIONS CENTER (EOC) AT 1-888-734-7299 (888-PDHRA99). CHOOSE OPTION "4" FOR AN ON-SITE EVENT AND OPTION "5" FOR A CALL CENTER EVENT. EVENTS MAY ALSO BE SCHEDULED ON-LINE AT [HTTP://WWW.FEDSHEAL.NET/ASSESSMENT/DEFAULT.ASPX](http://www.fedsheal.net/assessment/default.aspx). CLICK ON "ASSESSMENT WEBSITE," THEN CLICK ON "REQUEST EVENT." THE EVENTS CALENDAR ON THIS WEBSITE CAN BE USED TO SCHEDULE TELEPHONE SCREENING EVENTS. REQUESTS FOR A TELEPHONE CALL CENTER EVENT SHOULD BE SUBMITTED AT LEAST 14 DAYS IN ADVANCE. THERE IS NO LONGER A LIMIT FOR THE NUMBER OF SOLDIERS IN A TELEPHONE CALL CENTER EVENT. ANY PROJECTED ON-SITE SCREENING EVENT MUST HAVE 40 OR MORE SOLDIERS AVAILABLE AND MUST BE ARRANGED AT LEAST 30 DAYS IN ADVANCE.
- 2.E. (U) COMMANDERS WILL PROVIDE TO THE SCREENING CENTER A BY-NAME LIST AND CONTACT INFORMATION OF SOLDIERS ENROLLED IN TRICARE PRIME REMOTE WHO REQUIRE A PDHRA, USING THE FORM TEMPLATE "COMMANDERS REMOTE SOLDIER PDHRA ROSTER". THE SCREENING CENTER WILL GIVE A DATE RANGE AND EVENT CODE FOR THE PDHRA AND PROVIDE ASSISTANCE FOR SCHEDULING A TELEPHONE SCREENING EVENT. THE ROSTER TEMPLATE IS POSTED TO THE "PDHRA FOR COMMANDERS AND LEADERS" SITE IN AKO AND CAN BE PROVIDED ELECTRONICALLY. SEND THE COMPLETED SOLDIER ROSTER TO THE SCREENING CENTER VIA E-MAIL TO DR. BRIAN SUGDEN, BRIAN.SUGDEN@TMA.OSD.MIL, MS. MELISSA WARREN, MWARREN@LOGISTICSHEALTH.COM AND OTSG PDHRA PROGRAM, OTSG.PDHRA@AMEDD.ARMY.MIL.
- 2.F. (U) COMMANDERS WILL COMMUNICATE THE DATE RANGE AND EVENT CODE TO THE TPR SOLDIERS ALONG WITH INSTRUCTIONS TO COMPLETE BOTH BATTLEMIND II TRAINING AND THE SOLDIER SECTION OF THE PDHRA ON AKO.
- 2.G. (U) SOLDIERS WILL COMPLETE THE SOLDIER SECTION OF DD FORM 2900 ON AKO BY CLICKING ON THE FOLLOWING LINK WHICH IS LOCATED ON THE PDHRA SOLDIERS PAGE: [HTTPS://APPS.MODS.ARMY.MIL/MWDE/SECURE/AKOFRMS ASP](https://apps.mosd.army.mil/mwde/secure/akofrms.asp) OR THROUGH THE MEDICAL PROTECTION SYSTEM (MEDPROS) LINK: [HTTP://MYMEDPROS.ARMY.MIL](http://mymedpros.army.mil) AND CLICK ON "DEPLOYMENT HEALTH ASSESSMENTS." FINALLY CLICK ON THE IMAGE TO OPEN THE APPLICATION AND COMPLETE THE PDHRA.
- 2.H. (U) THE SCREENING CENTER WILL FORWARD A REPORT TO COMMANDERS WITHIN SEVEN DAYS OF THE COMPLETED EVENT TO COMMANDERS OF TPR SOLDIERS THROUGH THEIR DESIGNATED REPRESENTATIVE. THIS REPORT WILL

INCLUDE A BY-NAME ROLLUP IDENTIFYING SOLDIERS SCREENED, REFERRED,
***** START OF SECTION 2 *****

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AND STILL REQUIRING A SCREEN.

- 2.I. (U) COMMANDERS HAVE THE OPTION TO GRANT A SOLDIER ENROLLED IN TPR A MEDICAL TDY TO AN MTF TO COMPLETE THE PDHRA IN CONJUNCTION WITH MEDICAL READINESS REQUIREMENTS, SUCH AS THE PERIODIC HEALTH ASSESSMENT, IMMUNIZATIONS, AND DENTAL SCREENING.
3. (U) POC FOR OTSG HEALTH POLICY AND SERVICES IS COL SHIRLEY KYLES AT COMM: 703-806-0667 OR EMAIL AT SHIRLEY.KYLES@US.ARMY.MIL.
4. (U) EXPIRATION DATE CAN NOT BE DETERMINED.